



**Food and Nutrition Information Center**  
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## **Special Needs Resource List**

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This publication is a compilation of resources for professionals involved in school food service. The resources are in a variety of information formats: articles, books and full-text materials on the World Wide Web. Resources chosen provide information on many aspects of school food service.

The resources included for this list contain reliable information and are available nationwide. Your local library or bookstore can help you locate these materials. Other items can be obtained from the source listed. Opinions expressed in the publications do not necessarily reflect the views of the U.S. Department of Agriculture.

Resources that are part of the National Agricultural Library (NAL) collection have an NAL Call Number listed. Lending and copy service information can be found at <http://www.nal.usda.gov/fnic/general/lending.html>. URLs are included when the material is available online in full text. Materials cannot be purchased from the Library. Please contact the publisher/producer if you wish to purchase any materials on this list.

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#### **I. Special Needs**

##### **A. Books and Reports**

###### **Accommodating children with special dietary needs in the school nutrition programs: guidance for school food service staff**

Washington, DC: U.S. Dept. of Agriculture, Food and Consumer Service, 1995. 61 p.

**NAL Call Number:** aLB3479 U6A23 1995

**Web Site:**

<http://www.fns.usda.gov/cnd/Guidance/Special%20Dietary%20Needs.pdf>

**Summary:** Describes some of the factors which must be considered in the early phases of planning for substitutions to the regular school meal which must be made to accommodate children with disabilities. Suggests ways in which the school food service can interact with other responsible parties in the school and the community at large to serve children with disabilities.

**Costs associated with providing school meals for children with special food and nutrition needs**

Martha Conklin and Mary Frances Nettles  
National Food Service Management Institute

**NAL Call Number:** LB3479.U6C66 1994

**Web Site:** <http://www.nfsmi.org/Information/r12-94/r1294.htm>

**Summary:** This study was conducted in order to provide information about costs and labor time involved in providing for the special food and nutrition needs that exist in schools. There are two important contributions of this study: the method developed and validated in this study provides a model for Child Nutrition Programs professionals to use in costing nutrition services provided by schools; and the recommendations of the study suggest ways district school nutrition directors/supervisors can improve the administrative processes related to providing special meals.

**Nutrition Management for Children with Special Needs**

Minnesota Department of Children, Families and Learning  
St. Paul, MN: The Department, 1996. 77 p.

**NAL Call Number:** TX361 H35N875 1996

**Summary:** Designed to assist school food and nutrition personnel in Minnesota school districts to ensure that the nutritional needs of students with disabilities are met when the disability requires restrictions or modifications in their diet.

**Nutrition Management for Children with Special Needs in Child Nutrition Programs: Workshop Proceedings**

Beverly Cross and National Food Service Management Institute  
University, MS: National Food Service Management Institute, University of Mississippi, 1993. 211 p.

**NAL Call Number:** TX361.H35C76 1993

**Summary:** Deals with such questions as: are children with special needs getting the specialized nutrition attention they need from America's schools? How can child nutrition programs better provide for the nutrition needs of children with disabilities? What resources are available to facilitate service and to educate? What are the legal responsibilities involved in providing for children with special needs? Focuses on Child Nutrition Program personnel and facilities, identifying children at risk,

restrictive or special diets, practical techniques and equipment, the role of a registered dietitian, and the Individualized Education Program.

**Nutrition Management of School Age Children with Special Needs: a Resource Manual for School Personnel, Families and Health Professionals**

Janet Horsley, Elizabeth R. Allen, and Patricia White  
Richmond, VA: Virginia Dept. of Health: Virginia Dept. of Education, 1996. 93 leaves

**NAL Call Number:** TX361.H35H6 1996

**Summary:** The purpose of this manual is to assist school personnel to plan nutrition services for students who are handicapped or chronically ill. The information contained in this manual will facilitate the management of special diets and the expansion of nutrition education in the school curriculum. Topics covered include: practical interventions during the school day; dietary considerations of specific conditions and related factors; and nutrition goals and objectives for the individualized education program.

**Providing for the special food and nutrition needs of children**

Kathleen Yadrick, Jeannie Sneed and National Food Service Management Institute

Hattiesburg, MS: Division of Applied Research, National Food Service Management Institute, University of Southern Mississippi, 1993. 61 p.

**NAL Call Number:** TX361.H35Y33 1993

**Summary:** Results of a study undertaken to determine the: number and types of conditions requiring special diets and diet modifications required by children with special needs who attend schools that provide USDA-funded meals; administrative requirements for meeting special food and nutrition needs of children; costs involved in providing modified meals; continuing education needs of school nutrition employees, school nutrition managers, and district school nutrition directors/supervisors.

**B. Videos**

**Serving Children with Special Needs: a Video**

Gregory Justice

Richmond, VA: Virginia Dept. of Education, 1996.

2 videocassettes (3 hr., 30 min.) (VHS)

**NAL Call Number:** Videocassette no. 2353

**Summary:** A panel of experts discusses nutrition management requirements of children with special needs followed by call in questions from the audience. Information and resources for school communities is discussed.

**Special Foods for Special Kids**

Kansas State University. Dept. of Hotel, Restaurant, Institution Management, and Dietetics  
Manhattan, KS: Kansas State University, College of Agriculture, Dept. of Communications, 1995.

1 videocassette (37 min.) + 1 manual

**Web Site:**

<http://www.nfsmi.org/Information/2003resourceguide.htm#special>

**NAL Call Number:** Videocassette no. 2547

**Summary:** A training workbook for child care providers of children from birth to five years old with special dietary needs. The workbook provides a broad base of information for child care centers, family or group day care homes, early childhood special education teachers, and parents.

**C. Web Sites**

**Feeding Children with Special Needs: An Annotated Bibliography**

National Food Service Management Institute, December 2001.

**Web Site:** <http://www.nfsmi.org/Information/bib/spneedsbib.htm>

**Summary:** Provides current information on research and materials related to nutrition management and services with special needs. Includes citations and abstracts from the AGRICOLA, ERIC, and MEDLINE data bases.

**NFSMI Insight – Managing Nutrition Services for Children with Special Needs**

National Food Service Management Institute.

**Web Site:** <http://www.nfsmi.org/Information/Newsletters/insight1.pdf>

**Summary:** Describes NFSMI's nationwide survey to determine the administration requirements for meeting special food and nutrition needs of children and to estimate costs for providing meals.

**NFSMI Insight - Purchasing Decisions for Cost Effective Implementation of the Dietary Guidelines for Americans**

National Food Service Management Institute

**Web Site:** <http://www.nfsmi.org/Information/Newsletters/insight4.pdf>

**Summary:** Highlights NFSMI research analyzing purchasing systems commonly used in Child Nutrition Programs.

**Resources on Food Allergies, Special Diets & Special Needs**

Healthy School Meals Resource System

**Web Site:** <http://schoolmeals.nal.usda.gov/Resource/specialdiets.html>



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**Acknowledgment is given to the following FNIC reviewers:**

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