



# Faster Easier

## *Breastfeeding*

With no messy bottles to prepare, breastfeeding is faster and easier because it travels with you and is always ready. Avoid formula costs and countless trips to the doctor, too.

Call the Breastchoice Mother's Support Group at 612-FEEDBABY (612-333-3222).



**Sponsors:**  
The League of Catholic Women  
Allina Foundation

**Partners:**  
Hennepin County WIC Program  
Pilot City Health Center  
North Memorial Medical Center  
Northside Family Connections  
Hennepin County Medical Center  
University Family Physicians/North Memorial Clinic