

A Final Practice!



Now that you have read through the entire Screening Module and have completed all of the quizzes along the way it is time to put what you have learned into practice! In this practice exercise you will obtain heights, lengths, weights, and hematocrits while your supervisor observes you. Your supervisor will score you using the monitoring sheets from Appendix B.

Do not get discouraged if at first you find it difficult to obtain lengths, height, weights, or hematocrits. Some of these measurements can be difficult under ideal conditions, but even more difficult when you are inexperienced and when the child or infant is angry or upset. With time and practice you will become skilled and the measurements will become routine and easy to perform. Learn to perform the measurements correctly. It may be tempting to take short cuts at first, but in the end you will have to relearn the correct techniques. It is easier to learn the techniques right the first time.

Infant Length and Weight

Weigh and measure an infant. Measuring the length of an infant can be difficult. With practice, however, it will become easier and the accuracy of your measurement will improve. Have your supervisor observe you weighing and measuring the infant. Your supervisor will grade you using the Quality Control Monitoring sheet in Appendix B. To score the form, one point is given for each item listed when performed properly.

Child Height and Weight (over 2 years of age)

Weigh and measure a child. Have your supervisor observe you weighing and measuring a child. Your supervisor will grade you using the Quality Control Monitoring sheet in Appendix B. To score the form, one point is given for each item listed when performed properly.

Adult Height and Weight

Weigh and measure an adult. Have your supervisor observe you weighing and measuring an adult. Your supervisor will grade you using the Quality Control Monitoring sheet in Appendix B (use the form for a child). To score the form, one point is given for each item listed when performed properly.

Hematocrit

Have your supervisor observe you obtaining a hematocrit, operating the centrifuge, and reading the results. Do not be discouraged if at first it is difficult to obtain good results with hematocrits. It takes practice. If you do practice, soon you will be able to obtain an accurate hematocrit, quickly, even from a screaming child! Your supervisor will score you using the monitoring sheet for hematocrits in Appendix B. To score the form, one point is given for each item listed when performed properly.

** Agencies that use hemoglobins only will have to adapt the monitoring sheet accordingly.

You are expected to get a perfect score for each of the above exercises. If necessary, repeat each exercise until you can achieve a perfect score. Once you have completed all of the exercises with a perfect score you are ready to go on to the Post Test at the end of this module.