

# ORIENTATION MANUAL

## QUIZ ANSWER KEY

50 Total Points

Total Number Correct x 2 = \_\_\_\_\_% grade

ORIENTATION MANUAL QUIZ

Name \_\_\_\_\_

Date \_\_\_\_\_

Agency \_\_\_\_\_

Grade \_\_\_\_\_



Now you have the opportunity to incorporate what you learned!! Imagine that it is your first day to begin answering the phone and seeing clients by yourself. You have several appointments. Read the following questions and answer the corresponding questions. Make sure to use reference manuals to help you along the way.

#1 Today is April 20 and your 9:00 appointment is here. It is Paula Ortiz with her two year old daughter, Josie. Josie is here to be recertified. Her last certification period was October 26 of last year through April 26 of this year. You collect the following information from discussion and dietary review:

- There are 5 people in the household
- Paula's husband makes \$2,000/month
- Paula tells you that she inherited \$1,000 last month from her great Aunt who just passed away.
- You learn that Josie's height, weight, and weight for height are all on the 50th percentile and her hematocrit is 33%. (She lives at 6,000 feet.)
- You also learn that Josie has been diagnosed by her physician as lactose intolerant and refuses to drink milk. Her mom is willing to try Lactose-Reduced milk with her.

16 points (2 points for each letter)

Answer the following questions:

A. Is the family income eligible? Yes X No \_\_\_\_\_ Why? or Why not?

They earned \$2000/mo plus the \$1000 "lump sum" inheritance should be considered as annual income or \$83/mo. The total monthly income is \$3010 (for years 1999-2000) for a family of 5.

B. What form will you go over with Paula to discuss her rights and responsibilities?

Participant Documentation Form

C. What form would you have Paula fill out about Josie to learn about health and nutrition-related information?

WIC Nutrition Questionnaire (child)

D. From the above information, what priority is Josie? 3

E. From the information above, list one nutrition risk factor that may qualify Josie? (Name and code)

Anemia (NRF 45) Medical Condition (NRF HN)

F. What tailoring option will you consider with Paula as you select a food package for Josie?  
Lactose-reduced food package

G. Once Josie is recertified today, what will her new certification period be?

April 26 - October 26

H. How long is Josie's certification period? 6 months

#2 The phone rings, it is someone wanting information about the WIC Program. Which of the following are correct? (Check all that apply.)

8 points

WIC is:

- a.) a special supplemental nutrition program
- b.) designed to supply all of the nutrients that a person needs
- c.) for all people on Medicaid
- d.) for pregnant women
- e.) for breastfeeding women for as long as they breastfeed
- f.) for infants and children up through the month of their fifth birthday
- g.) a federally funded program
- h.) directed by the Department of Health and Human Services

#3 Your 10:00 appointment arrives. It is Pamela Rhodes, a foster mother with a foster baby (a 3 month old) and her own two children (an 18 month old and a 3 year old). Pamela tells you she applied for WIC for her own children last year but was over income. The appointment today is to put the foster child on the program. She shares the above information:

- She receives \$300 a month from social services to care for the foster baby.
- Her two children and husband live with her.
- Her husband makes a gross amount of \$600 a week.

Answer the following question:

4 points

1. Is the foster baby income eligible for WIC? Yes X No
2. What is the amount of income you used to calculate if the foster baby was eligible?  
\$300
3. What is the family size you used to calculate if the foster baby was income eligible?  
1
4. Is the foster baby categorically eligible? Yes X No

#4 Judy Fry comes in with her newborn. Both Judy and her baby are to be certified today. Judy is breastfeeding her baby.

5 points

Which of the following information is required for enrolling Judy? (Check all that apply):

- a.) Height
- b.) Weight
- c.) Blood Pressure
- d.) Hematocrit or Hemoglobin
- e.) Nutrition Questionnaire

5 points

Which of the following information is required for enrolling the baby? (Check all that apply):

- a.) Height
- b.) Weight
- c.) Blood Pressure
- d.) Hematocrit or Hemoglobin
- e.) Nutrition Questionnaire

3 points

#5 What is the maximum amount of time you have to complete the modules in Level I, Level II, and Level III in order to become a Certified WIC Authority?

Level I 3 mos    Level II 6 mos    Level III 18 mos

#6 Match the priorities with the participant classes:

5 points

Priority 1 e

Priority 2 b

Priority 3 f

Priority 4 d

Priority 5 a

Priority 6 c

- a. Children demonstrating nutritional risk because of an inadequate nutritional intake.
- b. Infants (up to 6 months of age) born to a WIC participant or to a mother who was in medical/nutritional risk during pregnancy.
- c. Postpartum women 19 years and older at nutritional risk.
- d. Pregnant women, breastfeeding women, and infants demonstrating nutritional risk because of an inadequate nutritional intake.
- e. Pregnant women, breastfeeding women, and infants demonstrating nutritional risk by hematological or anthropometrical measures or other documented medical conditions.
- f. Children demonstrating nutritional risk by hematological or anthropometrical measures or other documented medical conditions.

#7. Which publication is the primary source of information on policies and procedures for the WIC Program?

4 points

- a. The Orientation Manual
- b. The Colorado WIC Program Procedure Manual
- c. The Colorado WIC News
- d. The WIC State Plan