

Got Formula?



Please remember the maximum amount of formula given to a non-breastfeeding baby is 31 cans of concentrate or 8-9 cans of powder depending on the size of the can.

Be prepared to buy more formula as your baby's needs increase.

What can you do to make sure your baby has enough to drink?

- Put money aside from each pay check for extra formula.
- Be aware of formula waste. Only prepare the amount your baby will drink at each feeding.
- Use food stamps/ EBT card for buying extra formula.
- Pick up WIC vouchers on time.



Remember WIC is a supplemental food program.

WIC is an equal opportunity provider.