

PEER COUNSELOR



skills checklist

NAME OF PEER
COUNSELOR _____

Completing the following activities shows that you have accomplished the skills necessary to begin as a peer counselor! Each activity will be completed during the module and must be signed and dated by the trainer or other designated helper. When all skills are completed, you are eligible for special awards and prizes in recognition of your accomplishments!

MODULE 1 – JOB DESCRIPTION

COMPLETED _____

MODULE 2 – REASONS TO BREASTFEED

COMPLETED _____

MODULE 3 – DISCREET BREASTFEEDING

COMPLETED _____

MODULE 4 – COUNSELING ROLE PLAY

COMPLETED _____

MODULE 5 – POSITIONING PRACTICE

COMPLETED _____

MODULE 6 – PRACTICE COUNSELING SCENARIO

COMPLETED _____

MODULE 7 – IDENTIFYING INVERTED NIPPLE

COMPLETED _____

MODULE 8 – HAND EXPRESSING BREAST MILK

COMPLETED _____

MODULE 9 – PRACTICE COUNSELING SCENARIO

COMPLETED _____

MODULE 10 – PRACTICE COUNSELING SCENARIO

COMPLETED _____

MODULE 11 – PRACTICE COUNSELING SCENARIO

COMPLETED _____

MODULE 12 – DOCUMENTING CONTACTS

COMPLETED _____