

Handout B

CHILD (2-4 YEARS) NUTRITION QUESTIONS

Child's Name: Sean Age of Child: 3 1/2 years

Please circle or write your answers to the following questions:

1. When is your child's next doctor's appointment? _____
Dentist? November 15

2. What do you give your child? Vitamins/Minerals Fluoride Iron
None Other Medications (list)

3. My child currently has: Allergies Wheezing Rash Constipation
Diarrhea None

4. What things, other than food, does your child eat? Dirt Clay
Carpet Fibers Laundry Starch Cigarette Butts Paint Chips
Dust Ashes None Other (list) _____

5. Has your child had a blood lead test? Yes No If yes, when?

6. How would you describe your child's eating?
OK Picky Too much Not enough
Other _____

7. How many times a week does an adult eat a meal with your child?
Never 1-3 times 4-6 times 7 or more times

8. Who prepares the meals for your family?

9. How would you describe meals with your family?
Usually pleasant Sometimes pleasant Not pleasant
Other _____

10. How many times a week does your family eat fast food or food from a restaurant?

Never 1-2 times 3-4 times 5 or more times

11. What does your child eat/drink on most days?

- Juice Soda Kool Aid/Punch Gatorade Water
- Fruits Vegetables
- Milk (Skim Low fat Whole) Cheese Yogurt Cottage Cheese
Pudding/Custard
- Meat Hotdogs Chicken Turkey Fish Tofu Beans/Lentils
Peanut Butter Eggs Nuts
- Breads Cereal Tortillas Rice Noodles Rolls Crackers
- Candy Cookies Cakes Donuts Ice Cream Chips French
Fries
- Other (list)

12. What are your child's favorite food(s)?

Milk Cheese, Applesauce

13. What food(s) does your child dislike or is unable to eat?

meat

14. My child uses the following to eat or drink: Breast Bottle Cup Spoon

Fork Fingers

15. What do you think about your child's size? Too little Too big OK

16. What kinds of activity does your child do?

Play with other children

17. How many hours is a TV on (includes video games, movies; game boy) in your house each day? _____

18. Do you ever run out of money or food stamps to buy food? Yes No

19. What nutrition and health questions do you have today?

For staff use only

Date: _____ WIC Staff

Name: _____

Participant WIC

ID#: _____ Height: 3'1" Weight: 37#

Hgb 11.5