

Colorado WIC Early Breastfeeding Screening Form

Mom's name _____ Date _____ By Phone ___ In Clinic__

Use these questions to start a dialogue about how breastfeeding is going. Some of the *concerning responses* may fit NRF 52, and a mom and baby may need to be referred that day to a Lactation Consultant (hospital/community), the baby's doctor, WIC RD/RN, or an LMS. Also, recommend moms have their breastfed infant seen by their doctors 48 hours after discharge.

Not all questions must be asked; they are listed to help guide a conversation. This form may be given to other clinic staff for referral. Please take notes on form as needed.

Complete as appropriate:

Baby's name _____

Birth date _____

Days postpartum _____

Gestational age at delivery _____ weeks (premature <37 wks or late preterm)

Birth weight _____ # _____ oz

Most current weight _____ # _____ oz

Birth length _____ inches or cms

Age at weight _____ (days)

Terms used in Counseling References below: *Guide* refers to Breastfeeding Challenges and Solutions in the Breastfeeding Education Guide (Index Term). *Module* refers to Breastfeeding Module and Resource Manual.

Question	A Concerning Response is:	Counseling References
<p><i>How is breastfeeding going?</i></p> <p><i>What changes have you noticed in your breasts?</i></p> <p><i>Is this the first baby you have breastfed?</i></p>	<p>Not enough milk</p> <ul style="list-style-type: none"> - Baby feeds all the time - Baby fussy when put down - Baby not satisfied - Doesn't feel milk let down <p>- No difference in breasts pre & post feed</p> <p>- No noticeable breast enlargement during pregnancy</p> <p>- History of lactation failure</p> <p>- History of breastfeeding difficulties</p> <p><i>NRF 52: failure of milk to come in by day 4</i></p>	<p><i>Guide:</i></p> <ul style="list-style-type: none"> - Hungry baby; Fussy; Refusing to nurse - Mom concerned about milk supply - Poor milk ejection reflex (letdown), anxiety <p>Refer to LMS</p>
<p><i>How do you know baby is ready to feed?</i></p>	<p>Cries, schedules feeds</p>	<p><i>Module:</i></p> <p><i>Section II: Getting Ready - advise on early signs of hunger, wake to feed</i></p>
<p><i>What has doctor said about baby's weight?</i></p>	<p>Assess for inadequate growth (e.g. lost $\geq 10\%$ of birth weight)</p>	<p>Refer to doctor if by phone</p> <p>Refer to RD/RN if in clinic</p>
<p><i>Did you or your baby have any medical problems/concerns leaving the hospital?</i></p>	<p>Any medical conditions listed in Concept Paper: potential need for supplement.</p> <p><i>NRF 52: jaundice</i></p>	<p>Refer to RD/RN</p>

Question	A Concerning Response is:	Counseling References
<i>Is baby only receiving breast milk?</i>	No	Find out why, problem solve Advise breast milk only for healthy baby
<i>How many times are you nursing in 24 hours?</i>	Less than 8	<i>Module:</i> Section II: Getting Ready - advise on length and frequency of feeds
<i>How many poopy diapers in 24 hours?</i>	Less than 3 by day 3 or 4 by day 4 <i>NRF 52: inadequate stooling</i>	Refer to LMS
<i>Are poops yellow by day 4?</i>	No, poop is still dark	<i>Module:</i> Section II: Getting Ready - advise on length and frequency of feeds
<i>How many wet/heavy diapers in 24 hours?</i>	Less than 6 by day 4 <i>NRF 52: inadequate wet diapers</i>	Refer to LMS
<i>Is there red staining in the diaper?</i>	Yes, and it's day 3 or later	Refer to LMS
<i>Can you hear the baby sucking rhythmically and swallowing frequently?</i>	No, or can't tell <i>May be NRF 52: weak ineffective suck, difficulty latching</i>	Refer to LMS, offer to observe if in clinic Refer to doctor for weight check if by phone
<i>Is baby continually suckling for at least 10 minutes?</i>	No	<i>Guide:</i> Ineffective suckling
<i>Do you have any soreness? Do nipples hurt after baby first latches?</i>	Yes <i>May be NRF 52: severe breast engorgement, plugged duct, mastitis, flat or inverted nipples, cracked, bleeding, or severely sore nipples</i>	<i>Guide:</i> Sore nipples Blistered, cracked or bleeding nipples, mastitis, engorgement, obstructed ducts, thrush <i>Module:</i> Section II: Getting Ready - advise on latch. Section III: Off to a Good Start - nipple soreness Refer to LMS
<i>Will you need to return to work or school? If so, when?</i>		<i>Module:</i> Section V: Breastfeeding Doesn't Have to Tie You Down - if soon, advise on pumping and collecting milk

Reason for Referral _____	<input type="checkbox"/> LMS
_____	<input type="checkbox"/> Peer Counselor
Please follow-up within 24 hours of _____ (today's date)	<input type="checkbox"/> RD/RN

Your efforts to support breastfeeding make a difference!