

**WIC Food Package Module
Post Test**

ANSWER KEY

Points

(142 total points)

- | | | |
|----------------------|-----|---|
| (2) | 1. | True |
| (7) | 2. | a,d,f,g |
| (4) | 3. | b |
| (5) | 4. | a,b,c,e |
| (3) | 5. | b |
| (2) | 6. | False |
| (3) | 7. | b |
| (4) | 8. | c |
| (4) | 9. | a,c,d |
| (4) | 10. | a,c,d |
| (4) | 11. | b,c |
| (2) | 12. | False (it contains infant formula only) |
| (4) | 13. | a,d |
| (4) | 14. | a,c |
| (5) | 15. | b,e |
| (4) | 16. | a |
| (8) | 17. | a) Dairy or Milk, Yogurt, and Cheese Group
b) Fruit Group and Vegetable Group (vitamin C)
c) Dairy or Milk, Yogurt, and Cheese Group
d) Meat/Meat alternatives or Meat, Poultry, Fish, Dry Beans, Eggs, and Nut Group
e) Meat/Meat alternatives or Meat, Poultry, Fish, Dry Beans, Eggs, and Nut Group
f) Bread and cereals or Bread, Cereal, Rice, and Pasta Group
g) Fruit Group and Vegetable Group (vitamin A)
h) Meat/Meat alternative or Meat, Poultry, Fish, Dry Beans, Eggs, and Nut Group |
| (7) | 18. | (1) d
(2) e
(3) a
(4) b
(5) c
(6) c
(7) f |
| (20)
(2 pts each) | 19. | (1) d
(2) c
(3) j
(4) e
(5) a
(6) b
(7) i
(8) h
(9) g
(10) f |

- (2) 20. True
(2) 21. False
(2) 22. True
(10) 23. (1) a
(2 pts each) (2) c
(3) d
(4) c
(5) f
(4) 24. a,b,c,d (all answers should be checked)
(6) 25. a,b,c,d,e,f (all answers should be checked)
(5) 26.

CLIENT COMMENTS/FOLLOW UP ON GOALS & REFERRALS

- Mom is concerned about Jimmy's weight. Stated she prefers to purchase lowfat milk, beans, and only one pound of cheese with her WIC checks.

ASSESSMENT/COUNSELING/PLAN

- Wt/ht > 95%ile
- Discussed diet for age and weight control
- Assign lowfat food package CL201
- Refer to RD/RN for high risk counseling

- (5) 27. This is an example of a standard food package. There is no need to document food package issuance on the care plan.
(8) 28. a,b,h
(2) 29. False. You can offer her a standard food package because it would allow her up to ½ gallon of lactose-reduced milk with her check.