

# WIC Director Facilitation Guide

New Food Package Training Packet – April

Topic	WIC Staff Learning Objective Staff will be able to:	Training Steps (Recommended Location: Staff Meeting)	Tools
<b>Training Participants:</b>  <b>Buying the New Foods at the Store</b>	<ul style="list-style-type: none"> <li>❑ Use the 2009 Allowable Foods List and the WIC check to train participants to identify allowed and non-allowed food items.</li> <li>❑ Train participants to use the cash value voucher for fruits and vegetables.</li> <li>❑ Provide information to participants to get maximum amount of foods.</li> <li>❑ Train participants on the necessary steps to redeem their WIC checks at the store.</li> </ul>	<ol style="list-style-type: none"> <li>1. Review the <i>Allowable Foods List Script</i>, and the <i>WIC Shopping Tips and Reminders</i> before the staff meeting.</li> <li>2. If possible, have staff review the <i>Allowable Foods List Script</i>, <i>WIC Shopping Tips and Reminders</i>, and the <i>Frequently Asked Questions</i> before the staff meeting.</li> <li>3. Using the Foods List and mock checks from the March packet, walk through the <i>Allowable Foods List Script</i> as a group. Allow for questions and discussion on major points.</li> <li>4. If your clinic holds group classes, review the <i>Allowable Foods List Group Class Lesson Plan</i>.</li> </ol>	<p><b>Allowable Foods List Script</b></p> <p><b>WIC Shopping Tips and Reminders</b></p> <p><b>Allowable Foods List Group Class Lesson Plan</b></p>
New Food Packages	<ul style="list-style-type: none"> <li>❑ Share ideas about identifying appropriate food packages for participants based on participant category, preferences, and answering participant questions about changes in benefits/amounts.</li> </ul>	<ol style="list-style-type: none"> <li>1. Using the materials listed above and in previous training packets, ask experienced staff to share their processes for identifying the correct food packages for participants. Discuss ways that these processes will change for the new food groups. Walk through the <i>Frequently Asked Questions</i>.</li> <li>2. Encourage staff to share ideas on the expected reaction of the participants and the questions that will be asked,</li> </ol>	<p><b>Frequently Asked Questions</b></p>
<b>Activity List</b>	<ul style="list-style-type: none"> <li>❑ Be comfortable sharing information on the new foods.</li> </ul>	<ol style="list-style-type: none"> <li>1. Identify activities from the <i>Activities Grab Bag</i> that are appropriate for your clinic. Implement as appropriate.</li> </ol>	<p><b>Activities Grab Bag</b></p>
<b>Are we ready?</b>	<ul style="list-style-type: none"> <li>❑ Pass an “Am I Ready?” Quiz.</li> </ul>	<ol style="list-style-type: none"> <li>1. Pass out the “Am I Ready?” Quiz. Individually, ask that staff answer each question. As a group, review the questions and determine the correct answers.</li> <li>2. Ask if the staff feels ready. Reassure staff that everyone is learning the new food packages and that WIC participants will be eating healthier foods as a result of their dedication.</li> </ol>	<p>“Am I Ready?” Quiz</p>