

**Title of Project:** Special nutrition education "mini-grants"

**Agency Name:** The State of Wisconsin WIC Program collaborated with the following local WIC Projects: Chippewa County Department of Public Health and Eau Claire City-County Health Department, Racine/Kenosha Community Action Agency, Sheboygan County Health and Human Services Department, and Dane County Division of Public Health.

**State:** Wisconsin

**Key Word Descriptors:** Lesson plans, participant handouts, and cookbook. Group sessions with children, nutrition education at farmers' markets and interactive breastfeeding sessions.

**Description of Project:**

As part of a plan to revitalize WIC nutrition education, five local WIC projects' special nutrition education programs were identified for replication. These successful, innovative, and interactive nutrition education and breastfeeding programs will be replicated statewide.

**Results of Project:**

30 new lesson plans with complementary handouts will be combined into a nutrition education manual that will be replicated for all local WIC projects in Wisconsin. The cookbook featuring fruit and vegetable recipes along with tips for improving nutrition and physical activity habits will be provided to all families participating in WIC and the Farmers' Market Nutrition Program during the 2002 farmers' market season.

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