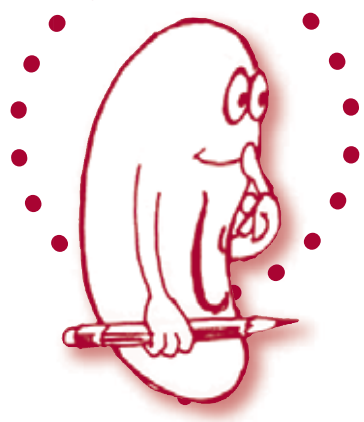
WIC



When it comes to cooking beans…

Ask for your copy

…are you a "Bean-ginner"?

Bean-ginners will love all the easy recipes!

Washington State Department of Health

For persons with disabilities this publication is available on request in other formats. To submit a request, please call 1-800-525-0127.

WIC is an equal opportunity program.

DOH 961-218
(Rev. 8/04)