



WIC Works HEADLINES

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WIC Works Headlines is published four times a year by the WIC Works Resource System. WIC Works is a joint project of the USDA Food and Nutrition Service, USDA National Agricultural Library, Food and Nutrition Information Center and University of Maryland, Department of Nutrition.

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To contribute to WIC Works
Headlines contact:
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What's New at WIC Works

The WIC Works Resource System is an on-line center striving to meet all your WIC information needs. New links and items are added everyday. Check back often to see what's new. Why not visit the web site and see for yourself. <http://www.nal.usda.gov/wicworks>

Check out these new items in the Sharing Center.

- ◆ South Carolina WIC developed four nutrition education brochures: *Weight Gain During Pregnancy; Recipe for Healthy Babies; The First 12 Months: A Guide to Infant*

Feeding: What To Feed Your 1-5 Year Old Child. All four brochures are available at http://www.nal.usda.gov/wicworks/ Sharing_Center/ statedev_SCnutritioneducation.html

- ◆ Oregon WIC developed the handout "Take Folic Acid" and a "Counseling Protocol for Folic Acid" to assist with Risk 426-Inadequate Folic Acid Intake to Prevent Neural Tube Defects (NTD's), Spina Bifida and Anencephaly at: http://www.nal.usda.gov/wicworks/ Sharing_Center/

[statedev_ORnutritioneducation.html](http://www.nal.usda.gov/wicworks/ Sharing_Center/ statedev_ORnutritioneducation.html)

- ◆ WIC Paraprofessional Certification Training from Colorado contains over 1000 pages of training modules to help new staff. Also included is the Bright Ideas! Nutrition Education Skills Module http://www.nal.usda.gov/wicworks/ Sharing_Center/ statedev-staffdev.html

Do you have materials to add to the Sharing Center? Send us an E-mail jschneid@nal.usda.gov

Upcoming Meetings

Look for WIC Works Resource System Information at the Food Stamp Nutrition Connection booth at the American Dietetic Association Food & Nutrition Conference & Exhibition 2002, October 19 - 22 in

Philadelphia, PA for more information see <http://www.eatright.org/fnce/>

We will also have information available at the American Public Health Association's (APHA) 130th Annual

Meeting November 9 - 13, 2002 <http://www.apha.org/meetings/> This meeting also being held in Philadelphia, PA.

See you at the Food Stamp Nutrition Connection booth!

The Centers for Disease Control (CDC), National Center for Health Statistics (NCHS) created new Weight-for-age (WFA) and Stature-for-age (SFA) charts with direction from the Supplemental Food Programs Division (SFPD) of the USDA/Food and Nutrition Service.

These WIC specific growth charts for 2-5 year olds are now located on the WIC Works Resource System at www.nal.usda.gov/wicworks click on what's new.

These new charts focus only on WIC aged children, making documentation and tracking

easier. No changes have been made to the 2000 CDC Growth Charts.

The following characteristics will help you understand these new charts:

- ◆ Only the 2-5 year age range is represented - which allows for more space between age indicators and percentile curves, making it easier to plot and read;
- ◆ Weight is labeled every 5 pounds with a line for every pound;

- ◆ Stature is labeled every inch with a line for every quarter inch;
- ◆ Age is labeled for every year and half year (2-5) with a line for every 2 months;
- ◆ The WIC logo has been added to the border.

For your information, the BMI-for-age charts for 2-20 year olds was not modified due to the fact that the current chart has adequate space for plotting.

National Lead Poisoning Prevention Week

National Lead Poisoning Prevention Week is October 20-26, 2002. The WIC Works Resource System has developed a list of Internet Resources that you may find helpful while planning WIC activities for this week. You can find this list at <http://www.nal.usda.gov/wicworks/Topics/index.html> under Lead Poisoning and Prevention.

According to the Centers for Disease Control and Prevention approximately 1 million children in the United States have elevated blood lead levels. The good news is that childhood lead poisoning is considered the most preventable environmental disease of young children. As

you know WIC State agencies are encouraged to provide information about lead poisoning prevention to participants.

Fight Lead Poisoning with a Healthy Diet. Booklet from the U. S. Environmental Protection Agency (EPA) featuring lead poisoning prevention tips and includes meal and snack ideas and recipes using WIC foods. Check it out on the web at <http://www.epa.gov/lead/nutrition.pdf> or call 1-800-424-5323 to order.

Lead Poisoning and Your Children. Brochure from the EPA focusing on lead awareness and ways to protect children from exposure to lead.

Available in full text (PDF format) in English at <http://www.epa.gov/lead/lpandyce.pdf>

and the Spanish version at <http://www.epa.gov/lead/lpandycs.pdf>. To order copies of this brochure call 1-800-424-5323.

