



NUTRITION EDUCATION
Learn How to Create Healthy,
Affordable Meals



HEALTH SCREENING
Regular Growth and
Weight Checks



COUNSELING
Individual Counseling Is
There When You Need It.

WIC Helps YOU Help Your Family

WIC gives you a hand so that you can give your family what they need. From food vouchers to medical referrals to breastfeeding counseling, WIC provides food and so much more. WIC is available to pregnant women, postpartum women, infants and children up to the age of five within current income guidelines.

Current Income Guidelines

Size of Household	Weekly Gross Income	Monthly Gross Income	Yearly
1	\$320.00	\$1,385.00	\$16,613.00
2	\$432.00	\$1,869.00	\$22,422.00
3	\$543.00	\$2,353.00	\$28,231.00
4	\$655.00	\$2,837.00	\$34,040.00
For Each Additional Family Member, Add:			
	+\$112.00	+\$485.00	+\$5,809.00



This institution is an equal opportunity provider and employer.

