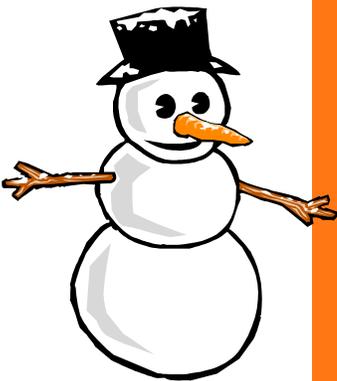


WIC Works HEADLINES

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WIC Works Headlines is published four times a year by the WIC Works Resource System. WIC Works is a joint project of the USDA Food and Nutrition Service, USDA National Agricultural Library, Food and Nutrition Information Center and University of Maryland, Department of Nutrition.

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To contribute to WIC Works Headlines contact:
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What's New at WIC Works

The WIC Works Resource System is an on-line center striving to meet all your WIC information needs. Why not visit the web site and see for yourself. <http://www.nal.usda.gov/wicworks>

The WIC Works Resource Center is keeping our New Year's resolution to save you "clicks" and make our site even easier to use! The first stop on the "new and improved" site is Topics A-Z at <http://www.nal.usda.gov/wicworks/Topics/>.

Here you will find the same useful information you have come to expect with a new layout to

locate the topic you are looking for quickly and easily.

The next step is the WIC Works Learning Center (coming soon). The WIC team has enhanced this section to include more concise headings and simplified navigation. The structure is all set and we are busy adding additional resources to this bigger and better resource for all WIC staff.

The Sharing Center has grown significantly -- WIC Works is the proud host of the "Help me be Healthy" nutrition education materials developed by Maryland WIC.

They consist of a series of 8 pamphlets covering toddler's/child's health and nutrition issues in 6 months increments. These pamphlets are available in both English and Spanish and are best used in small doses during each recertification counseling session.

Maryland WIC has generously agreed to burn a CD of the pamphlets for each State agency that requests copies. For more information, go directly to the following web page with the WIC Works Sharing Center:
http://www.nal.usda.gov/wicworks/Sharing_Center/statedev_helpme.html.

Upcoming Meetings

On the Road to Excellence Fit Kids Teleconference

April 3, 2003

This Teleconference is being offered by the USDA Southwest Region. If you are outside the Southwest Regional

area and have the capability to downlink a C-Band satellite program, you may contact: Missy Hammer at TDH, by (512) 341-4457 or email missy.hammer@tdh.state.tx.us for the downlink coordinates.
www.swrwicfitkids.com

In a WIC State of Mind National WIC Association 2003 Annual Conference

May 22 - 26, 2003
New York, New York
www.nwa2003nyc.com/

Look for WIC Works at the USDA/Food and Nutrition Service booth.

CDC Updates Pediatric Growth Charts Web Site

The Centers for Disease Control and Prevention has recently revised the Pediatric Growth Chart Web site to include growth charts in Spanish and French, Frequently Asked Questions, a new entry page for the interactive web-based training modules, a revised PowerPoint presentation, and a link to WIC-specific growth charts (for ages 2 to 5 years). All growth charts and related material can be accessed at www.cdc.gov/growthcharts

The interactive web-based training modules are aimed at pediatric

health care professionals, including nutritionists, dietitians, nurses, and pediatricians to provide expertise in using and interpreting the 2000 growth charts.

Module topics include an Overview of the CDC Growth Charts, Using the BMI-for-age Growth Charts, and Overweight Children and Adolescents Recommendations to Screen, Assess and Manage. Other growth chart-related modules developed by the Health Resources Services Administration's Maternal and Child Health Bureau can also be

WIC Growth Charts for Infants

The Centers for Disease Control, National Center for Health Statistics created these new boys and girls Weight-for-age, Length-for-age, Head circumference-for-age and Weight-for-length charts with direction from the Supplemental Food Programs Division. These modified birth to 36 months charts now have English units on the primary scale and metric units on the secondary scale. This change should make it easier to plot a child's growth using English unit measurements. Visit www.nal.usda.gov/wicworks/Learning_Center/WIC_growthcharts_infant.html

WIC-Talk - the new voice of the WIC professional

One day in late November 2002, a WIC professional from Alaska asked a question that in the past would have taken weeks if not months to answer. She asked, "I am interested in learning what other states may be doing with computerized nutrition education, particularly nutrition education via the Internet."

With that question came a flurry of activity on WIC-Talk as professionals from across the country posted their thoughts on this topic.

These experienced practitioners not only described their programs but also relayed lessons learned. When should this technology be implemented? When is it not a solution? Who should be the appropriate client for use of this technology?

In January 2003, a WIC professional from Montana asked for some advice... Did anyone have descriptions of demo programs put on at WIC farmers' market sites?

Within six hours, this dietitian had three answers with descriptions of programs taking place in California and Michigan.

These, like all WIC-Talk messages reached the right audience. Over 1100 WIC professionals from across the country are members of WIC-Talk — the only email listserv for WIC professionals of all kinds.

What are you waiting for? Become a member of this vastly rich, FREE, information network. Your colleagues and co-workers from across the country are already getting their questions answered. When will you join?

To join WIC-Talk, visit <http://www.nal.usda.gov/wicworks> and click on the WIC-Talk button.

You won't regret it!!!