WIC Learning Online

Pre-VENA vs. Post-VENA

Pre-VENA

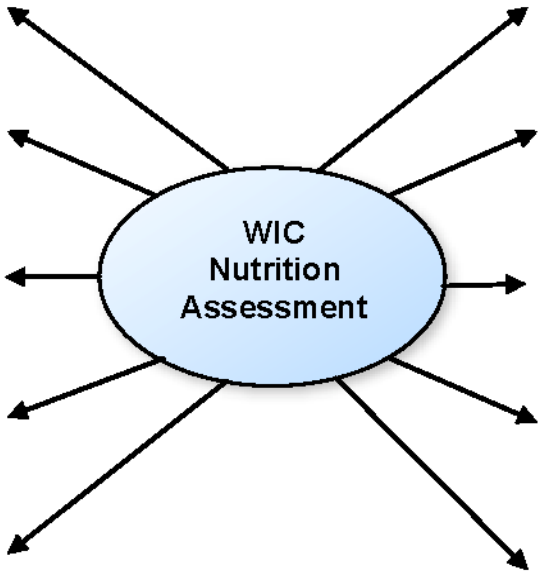
Use of diet histories (e.g., 24-hour recall, FFQ) to determine dietary risk

Assessment information not always used effectively for nutrition services

Primary function is for nutrition risk identification for eligibility determination

Tendency to focus on deficiency findings

Not always consistent with participant-centered nutrition services



Post-VENA

Discontinues use of diet histories (e.g., 24 hour recall, FFQ) to determine dietary risk

Enhances nutrition assessment through improved process, content and staff skills

Continues to identify nutrition risk(s), with more emphasis on using information to provide individualized nutrition services

Positive approach based on desired health goals rather than deficiencies

Complements participant-centered nutrition services