



## Making Nutrition Education Fun and Attractive

### 📖 Books

Achterberg, C., Kiel, M.L., and C. Miller. *Nutrition Education Ideas Resource Manual*. The Pennsylvania State University. 2000.

\*NAL Call No.: TX364.N889 2000

### 📖 Articles

Anliker, J., et al. Using Peer Educators in Nutrition Intervention Research: Lessons Learned from the Maryland WIC-5-A-Day Promotion Program. *Journal of Nutrition Education*. Nov/Dec, 348-354 1999.

Carroll, J.M., et al. Using Interactive Multimedia to Deliver Nutrition Education to Maine's WIC Clients. *Journal of Nutrition Education*. Jan/Feb, 19-25. 1996.

Hampl, J.S., Hampl, P., and N.M. Betts. Education, Entertainment, and a Great Snack: A WIC Example. *Journal of Nutrition Education*. July/Aug 216A. 1995.

Hampl, J.S., Wallen, M.K. Smart WIC Shoppers: Advanced Nutrition Education for WIC Participants. *Journal of Nutrition Education*. May/June 178-179. 1998.

### 📖 Internet Resources

Extension Education Process and Practice: Program Delivery Methods.  
North Carolina Cooperative Extension Service's

Web site: <http://www.ces.ncsu.edu/resources/education/sd6/>

Description: This site describes the method of delivering Extension education programs.

Make Every Class Count: Ideas to Liven Up Nutrition Education Classes

Utah WIC's "Make Every Class an Event"

WIC Works Sharing Center

Full text: [http://www.nal.usda.gov/wicworks/Sharing\\_Center/utahideabook.pdf](http://www.nal.usda.gov/wicworks/Sharing_Center/utahideabook.pdf)

Mooove Campaign Kit

Florida WIC's Mooove to Lowfat or Fat Free Milk Campaign

Web site: <http://www.doh.state.fl.us/family/mooove/index.html>

Description: This site allows education materials to be duplicated for the Lowfat or Fat Free Milk Campaign.

## Internet Resources Continued

Nasco Nutrition Teaching Aids catalog

Web site: <http://www.enasco.com/prod/Home>

Description: Items can be ordered directly from the Web site, or a print catalog can be requested.

WIC Works Learning Center's Nutrition Education, Counseling, Materials and Evaluation  
WIC Works Resource System

Web site: [http://www.nal.usda.gov/wicworks/Learning\\_Center/index.html](http://www.nal.usda.gov/wicworks/Learning_Center/index.html)

\* *Note:* For the National Agricultural Library's (NAL) Lending Procedures see  
<http://www.nal.usda.gov/fnic/general/lending.html>