K

Conversion of Units

Nutrient	Système Internationale d'Unités (mole)	Conventional Unit (g)
Vitamin A (retinol)	1	286.5
Vitamin K	1	450.7
Arsenic	1	74.92
Boron	1	10.82
Chromium	1	52
Copper	1	63.54
Iodine	1	126.9
Iron	1	55.85
Manganese	1	54.94
Molybdenum	1	95.94
Nickel	1	58.71
Silicon	1	28.09
Vanadium	1	50.9
Zinc	1	65.4

Copyright © National Academy of Sciences. All rights reserved.