Dietary Guidelines for Americans:

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Identify the Scientific Questions

HHS & USDA

- Propose *Dietary Guidelines for Americans, 2025-2030* scientific questions based on relevance, importance, potential federal impact, and avoiding duplication.
- Post questions for public comment for 30 days.
- Consider public comments and research availability in prioritizing the questions to be reviewed by the 2025 Dietary Guidelines Advisory Committee.
Public Comments on the Scientific Questions

• Scientific questions to be considered in evidence review posted for 30 days of public comments (April 15-May 16, 2022)
• Over 900 submissions, reflecting over 1,400 comments
• Will consider public comments along with research availability in finalizing the questions
Appoint the Advisory Committee

HHS & USDA

- Post scientific topics that inform the expertise needed on the Committee
- Request Committee nominations from the public for 30 days
- Select a balanced Committee based on education, experience, demonstrated scientific expertise, and desire for a diverse membership
- Secretaries jointly appoint individuals to serve on the Committee
June 15 through July 15, 2022

Call for Nominations

2025 DIETARY GUIDELINES ADVISORY COMMITTEE
Why serve on the Committee?

- **Work with other experts** to improve public health
- **Contribute to the Dietary Guidelines**, which helps inform federal nutrition policies and programs
- Evaluate scientific evidence and **give expert advice** to HHS and USDA
- Use your knowledge and skills to **serve the U.S. public**
Advisory Committee Selection

2025 Dietary Guidelines Advisory Committee Membership Selection

- Professional Experience
- Education
- Scientific Expertise
- Balanced and Diverse
Committee’s Evidence Review

Evidence Review

Scientific Topics
- Dietary patterns
- Ultra-processed foods
- Beverages
- Added sugars
- Saturated fat
- Behavioral strategies
- Weight management

Health Outcomes
- Overweight and obesity
- Cardiovascular disease
- Type 2 diabetes
- Cancer
- Neurocognitive health
- Sarcopenia
- Bone health
- All-cause mortality
- Pregnancy and infant health outcomes

Approaches
- Systematic reviews
- Data analysis
- Food pattern modeling

The Committee will incorporate health equity principles and use a life stage approach across its review.
Share this Opportunity!

Sample Social Media and Graphics

Twitter/Facebook Posts and Graphics

We want to HEAR from YOU
Nominate yourself or a colleague to be a part of the 2025 Dietary Guidelines Advisory Committee!

4 Reasons to Apply
- Work with other experts to improve public health
- Contribute to the Dietary Guidelines, which inform Federal nutrition policies and programs
- Use your knowledge and experience to serve the public
- Help shape dietary guidance available through nutrition.gov

Download Graphic

#DYK? The public call for nominations to the 2025 Dietary Guidelines Advisory Committee is now open! If you or a colleague want to serve on the Committee, submit your nomination by 7/15!
https://www.dietaryguidelines.gov/work-under-way/learn-about-process

#DietaryGuidelines

@HHS and @USDA are asking for nominations to the 2025 Dietary Guidelines Advisory Committee. Learn 4 reasons why you should apply or nominate a colleague and find out how:
https://www.dietaryguidelines.gov/work-under-way/call-nominations

#DietaryGuidelines

https://www.dietaryguidelines.gov/work-under-way/call-nominations
Dietary Guidelines for Americans, 2025-2030

- June 15- July 15, 2022: Public call for nominations to scientific advisory committee and appoint the committee.

- 2023-2024: Committee reviews evidence and develops scientific report.

- 2025: HHS and USDA develop and publish updated Dietary Guidelines.
Stay Updated

• Sign up to receive email updates on the Dietary Guidelines development process and other related news, including future opportunities for public involvement.

Stay Updated

Sign up to receive regular updates on the Dietary Guidelines.

DietaryGuidelines.gov
Thank you!

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